

ComfortLite™ 2 Patient Easy Fit Guide



Before you begin, pivot the angular adjustment to the #8 position and turn the vertical adjuster to extend the vertical tube several inches.



1

Select and size cushion. ComfortLite comes with three cushion choices: Pillows, Simple, and Direct Seal.

Pillows Cushion

Insert each size cushion into the nostril until the nostril is sealed but the bottom rim of the cushion does not go into the nostril. When choosing between sizes, choose a larger size for a more robust seal with less insertion into the nostrils.



Simple Cushion

Start with the smallest size cushion. Choose the smallest size cushion that is wide enough to extend beyond the nostrils and does not obstruct normal nasal breathing. Connect the Simple cushion to the elbow.



Direct Seal Cushion

Start with the largest size cushion. The bulbs should rest just below the nostrils, blocking the nostrils. The bulbs of the cushions **should not be inserted into the nostrils**. Choose the size that best corresponds to your nostril openings. When choosing between sizes, choose a larger size for a more secure seal. Size 5 is most commonly used.



2

Attach the selected cushion by sliding it onto the vertical tube and then turn until it clicks into place.



The following steps can be used to fit the ComfortLite 2 Mask with Pillows, DirectSeal, or Simple Cushion. For this demonstration, we will use a Pillows Cushion.

3

Place the front of the headgear just above your eyebrows and pull the straps over your head.



4

Tighten the lower straps to provide a firm yet comfortable level of stability. The lower straps can be worn over or above the ears. The back strap should be pulled down toward the back of the neck for maximum support.



Correct Headgear Placement

5

If necessary, adjust the upper straps. Do not over-tighten the upper straps. This causes the back strap to rise up on the head and become less stable. If you experience issues with stability or ear irritation, move the top straps between the middle and top connection points to find the best fit.



Incorrect Headgear Placement

6

Squeeze the tabs on the angular adjuster and pull outward until the cushion rests gently against your face.



7

Using the vertical adjuster move the cushion up (or down) until the cushion rests gently inside the nostrils (Pillows), under the nostrils (Direct Seal) or over your nose (Simple Cushion).

**8**

Connect the tubing of the PAP device to the crown swivel connector. Apply prescribed pressure and adjust for any leaks. It is best to make adjustments while lying down.



Easy Leak Adjustment

There are several adjustments that can be made to help control leaks. Remember, not all leaks have to be corrected. If the leak is not in the eyes or does not disturb sleep, the therapy device will compensate and deliver appropriate therapy.

1

Reseat the cushion.

Simply pull the cushion directly away from the face and gently put back into place. Reseating should be tried first and should also be done after making other mask adjustments.

**2**

Using the metal band at the bottom of the cushion (Pillows and Direct Seal only)

If you are experiencing leaks around the nostrils and/or nostril discomfort, try adjusting the metal band that runs across the bottom of the Pillows and Direct Seal cushion.

You can squeeze the metal band to bring the pillows/bulbs closer together or you can pull the metal band apart to separate the pillows/bulbs.



3

**Adjust cushion tilt
(Simple Cushion only)**

The Simple cushion is attached to an elbow with a ball on the end. You can tilt the cushion upward or downward to help eliminate leaks.



4

Using the vertical adjuster

Use the vertical adjuster to move the cushion up and down until you find a comfortable, leak-free fit.



5

Using the angular adjuster

Use the angular adjuster to bring the cushion closer to the face.



6

Try a larger size cushion.

7

Adjust the headgear.

You can also try moving the top strap between the middle and top headgear connection points. Be careful not to overtighten the top straps.



RESPIRONICS®

Customer Service: 1-800-345-6443 or 724-387-4000

Respironics EAME: +33-1-47-52-30-00

Respironics Asia Pacific: +81-3-5280-9611

www.comfortseries.respironics.com

CAUTION: U.S. federal law restricts this device to sale by or on the order of a physician.

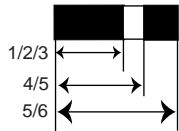
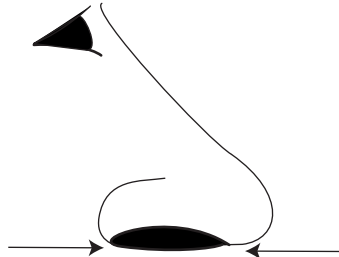
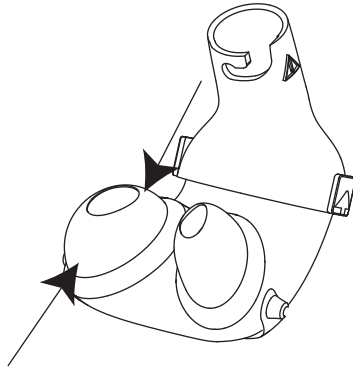
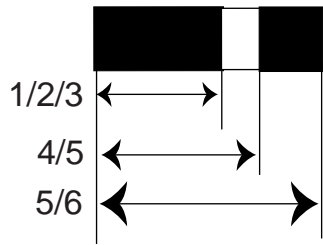
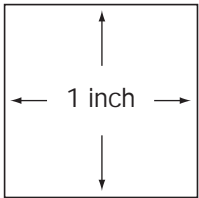
ComfortLite, Comfort Series, Direct Seal, and Simple Cushion are trademarks and Respironics is a registered trademark of Respironics, Inc. and its affiliates. Latex-free.

©2006 Respironics, Inc. and its affiliates. All rights reserved.

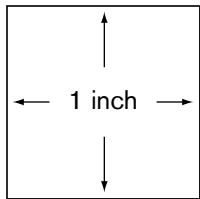
HOCH - BD 2/10/06 MCI 4100471

PN 1033070

Note: For proper mask sizing print out this page at 100%. Do NOT select the 'Shrink oversized pages to paper size' option.
The box below should measure 1 inch square.



Note: For proper mask sizing print out this page at 100%. Do NOT select the 'Shrink oversized pages to paper size' option.
The box below should measure 1 inch square.



L

M

S

P


cut out along lines

cut out along lines

cut out along lines

cut out along lines

REF 1018624

 **RESPIRONICS**[®]

Comfort**Lite**[™] Simple Cushion Sizing Gauge

www.comfortseries.respironics.com

